

Course Title

Trauma-Informed Care in Clinical Treatment with Clients

Instructor Provider

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CE Hours

1.5 Hours

Abstract

This course equips clinicians with knowledge and skills to integrate Trauma-Informed Care (TIC) into direct clinical practice. Building on the SAMHSA framework and recent clinical guidelines, the training emphasizes the principles of safety, trust, collaboration, empowerment, and cultural responsiveness.

Participants will learn to identify trauma and complex trauma presentations using validated assessment

instruments (PCL-5, International Trauma Questionnaire) and apply evidence-based interventions such as

Prolonged Exposure, Cognitive Processing Therapy, and EMDR. The training also addresses stabilization

and grounding strategies, relational repair, and culturally responsive care. Case vignettes and implementation planning support real-world application, while modules on supervision and clinician selfcare

address vicarious trauma and professional sustainability. This program is CEU-compliant, offering

clear learning objectives, timed agenda, outcome evaluation, and a post-test to ensure competency.

Learning Objectives

- Define trauma and describe TIC principles at the client and organizational levels.
- Screen for trauma and complex PTSD using validated instruments.
- Apply TIC techniques in assessment, planning, and treatment to reduce re-traumatization.
- Demonstrate integration of stabilization, grounding, and relational repair techniques.
- Evaluate treatment outcomes using client, clinician, and organizational metrics.